Harriers Banbury Academy
an Aspirations Academy

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FOR PARENTS OF CLOSE CONTACTS OF COVID 19 at Harriers Banbury Academy

Advice for Child to Self-Isolate for 14 Days

Dear parent or carer,

We have been made aware this afternoon that we have a confirmed positive case of coronavirus (COVID-19) at Harriers Banbury Academy.

We have followed the national guidance and have identified that your child has been in close contact with the affected person. In line with the national guidance and based on the last date of close contact, **your child must stay at home and self-isolate until Friday 20TH November 2020, they may return to school on Monday 23rd November 2020.**

It is imperative that during this time that your child stays within your home and does not leave it, this includes going to shops, visiting other homes, coming to school to drop siblings off, going for a walk. If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household **can continue** normal activities provided your child does not develop symptoms within the 14-day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed coronavirus-covid-19-infection-who-do-not-live-with-the-person

What to do if your child develops symptoms of COVID 19
If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, try to move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for households-with-possible-coronavirus-covid-19-infection

Symptoms of COVID 19
The most common symptoms of coronavirus (COVID-19) are recent onset of:

· new continuous cough and/or
· high temperature and/or
· a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

How to stop COVID-19 spreading
There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID 19

Do

· wash your hands with soap and water often – do this for at least 20 seconds
· use hand sanitiser gel if soap and water are not available
· wash your hands as soon as you get home
· cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze · put used tissues in the bin immediately and wash your hands afterwards

Further Information
Further information is available at

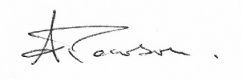
https://www.nhs.uk/conditions/coronavirus-covid-19/

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

We will set work for your child via Tapestry or Seesaw from tomorrow and throughout the isolation period. Please contact the school office if you have any barriers to accessing our online home learning provision.

We thank you for your support and cooperation during what is a challenging time for everyone. Please contact the school if you need any further advice or support.

Yours faithfully,



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