



Harriers Banbury Academy
an Aspirations Academy

Our Vision: to cultivate high quality education in a supportive environment, enabling our pupils to become happy, confident individuals, ready to take on the world

Harriers Newsletter

Friday, 16th December 2022



Message from Miss Pamplin

As the term draws to a close and we celebrate our pupils' successes in our end of term assembly, I thought I would explain the core values that underpin our provision here in school. Harriers is part of the "Aspirations" Academy Trust; the Aspirations Framework comprises of the '3 Guiding Principles' and '8 Conditions That Make A Difference'. As a school, we focus on one or two of the "8 Conditions" each term. At the end of each term, we celebrate the successes of children from each class in relation to the Condition(s). In the past, these awards have been given in the "Principal's Assembly," however, from this term we shall be celebrating them in our "Aspirations' Assembly," which will be run by our pupils. This term's Condition was "Leadership and Responsibility" and nestles under the Guiding Principle of "Purpose." Purpose at school is fostered when pupils take responsibility for who and what they want to become, both in terms of their long term aspirations as well as being confident, responsible members of our Harriers' school community. Being able to express ideas and taking responsibility for their actions are key life skills. With this in mind, this week we have had discussions about water and in particular ice safety following on from the tragic accident last weekend. We would urge you all to continue these conversations at home to keep all of our children safe.

We wish you all a very happy holiday period and look forward to seeing you all next year.

Kind regards, Steph Pamplin and all the staff at Harriers



Lower Phase Celebration Assembly 9th December 2022



Celebrating success out of school



"Best Seats in
the House"



Punctuality
Bear



Attendance
Bear



High Flyers



Actuality Bear

Attendance Bear



"Best Seats in the House"

Upper Phase Celebration Assembly 16th December 2022



High Flyers





Aspirations' Awards: Leadership and Responsibility 16th December 2022



Snow Fun!



KS1 Nativity

All of year 1 and 2 performed in the Bethlehem Bake off! The children were all wonderful with brilliant singing, acting, costumes and behaviour. A perfect way to get in to the Christmas spirit!



KS2 Carol Concert

All of Key Stage 2 performed in our Carol Concert at St Mary's Church!
The children sang beautifully and got everybody into the Christmas spirit!
The Choir performed spectacularly and Year 4 also played some brilliant Christmas songs on the Glockenspiel!
Well done everybody!



EYU



This week the children enjoyed performing 'Prickly Hay', blowing frosty bubbles, tracking squirrels in the snow, dancing and playing party games together, decorating Christmas biscuits (and eating them!)



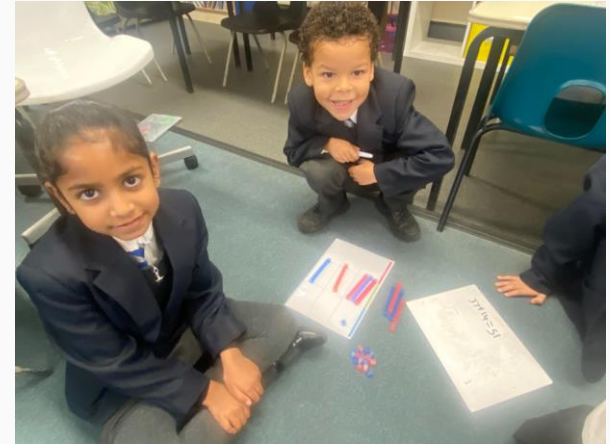
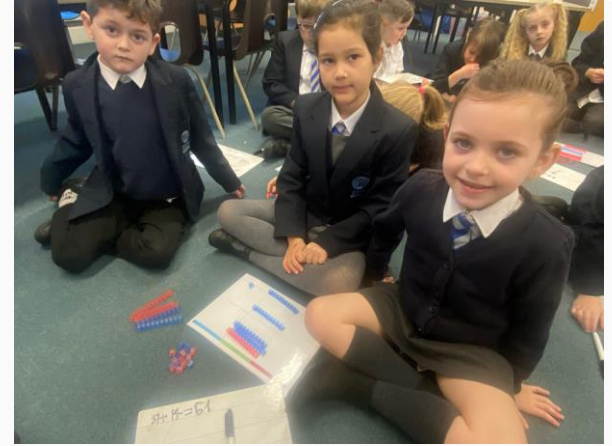
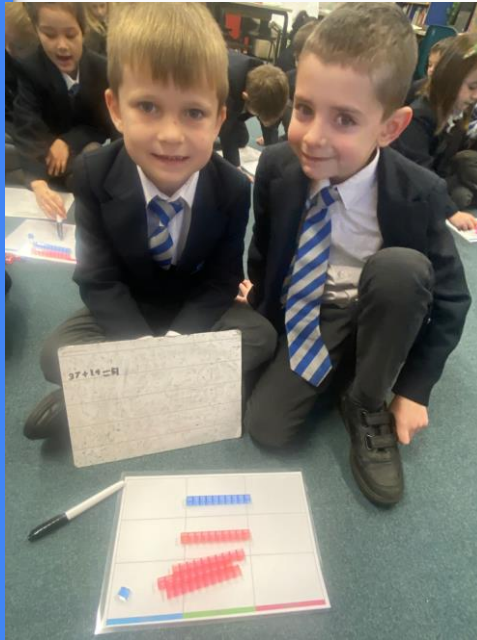
Year 1!

Over the past two weeks, Year 1 have enjoyed lots of festive fun! We have baked cakes, made Christmas cards and calendars, made Christmas decorations and enjoyed playing outside in the snow. We wish all of the children a very merry Christmas!



Year 2

This week we have been focusing on adding 2 digit numbers when an exchange is needed. The children worked well in their pairs to use concrete resources to solve the questions. We were so impressed with their partner work and how well they picked this tricky skill up!



Year 3

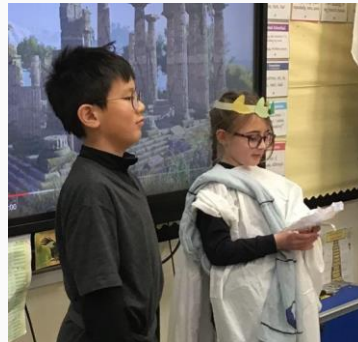
Year 3 have been on a fantastic trip to the theatre. We were lucky enough to go to the North Wall Theatre in Oxford to watch a production called 'The Tale of Beauty and the Tale of the Beast'.

The children had a fantastic time and were thrilled and entertained by the action on stage. Without doubt, it has inspired the future thespians in our year group!



Year 4 - Ancient Greek Day!

The Year 4s had a fantastic Ancient Greek day! The children created some fabulous Ancient Greek crowns. Also, they presented their speeches about how the Ancient Greeks have impacted our lives today.



Year 4

Driving Question:

How can we, as Historians, prove the positive impact that the Ancient Greeks had on modern British Society?



PIC•COLLAGE

Year 5 Guide Dog Visit

Year 5 had a very important visitor this week.

Willow is Miss Cooper's dog. She is a retired breeding dog for the charity Guide Dogs. Year 5 learnt all about why a guide dog's work is so important and all about Willow's job.

Willow has had 14 puppies which have all grown up to help blind people.

Willow continues to be a brand ambassador for the Guide Dogs and often raises money for the charity.

There are lots of ways you can get involved with the Guide Dogs. For more information, see link below:

<https://www.guidedogs.org.uk/how-you-can-help/>



Year 5 Beowulf Puppets

Year 5 have finished the story of Beowulf this week and have created character puppets from the story.





Year 6

This week, we have been investigating how light and shadows are affected by objects and how close they are to the light source. We also discussed the angle of incidence and the angle of reflection in relation to when light reflects off of the surfaces of objects.

Is your child 3 or 4 years old?

Primary school place – you must apply now

If your child was born on or between **1 September 2018** and **31 August 2019**, you need to apply for a primary school place now.

You must still apply even if your child already attends a nursery attached to the school.

Deadline for applications is **15 January 2023**.

Apply online at

[www.oxfordshire.gov.uk/
primaryadmissions](http://www.oxfordshire.gov.uk/primaryadmissions)

– it's quick, easy and secure.

You can get free access to the internet at many of our libraries and children's centres – ask for details at your local facility.

For help and information:

Web: www.oxfordshire.gov.uk/primaryadmissions

Email: admissions.schools@oxfordshire.gov.uk

Tel: **0345 241 2487**



Reminder

Primary School Places for September 2023

Deadline for applications 15th January 2023



Keeping our children safe, healthy and happy online

As we start the holidays and children might be inside quite a bit if it is cold and dark, it is worth thinking about screen time and media balance. We have been looking at these clips in school.

Early years and KS1: [Media Balance Is Important](#)

And here is a short 'Pause, Breathe, Finish up!' routine for when children are struggling to put technology down: [Saying Goodbye to Technology](#)

Years 3 to 6: [My Media Balance](#)

You could talk to your children about activities they can do by themselves or with friends and family, away from screens - including drawing, painting, reading, singing and dancing, playing board games, baking, listening to music, baking, running around outside and playing sports and building snowmen!

Helpful sites:

[K-5 Family Tips: Media Balance & Well-Being | Common Sense Education](#)

[Screen Time & Healthy Balance | Childnet](#)



MEDIA BALANCE & WELL-BEING

We find balance
in our digital lives.

common SENSE EDUCATION

GRADE K: PAUSE FOR PEOPLE

Pause, Breathe, Finish Up!



Pause!

Breathe!



Finish Up!



MEDIA BALANCE & WELL-BEING
We find balance
in our digital lives.

Shareable with attribution for noncommercial use. Not for resale permitted. commonsense.org/education





Jumping Jacks Gymnastics Club

For boys and girls from
4 years of age and above

Fun, exciting and progressive sessions. Run by
fully qualified, experienced, friendly coaches

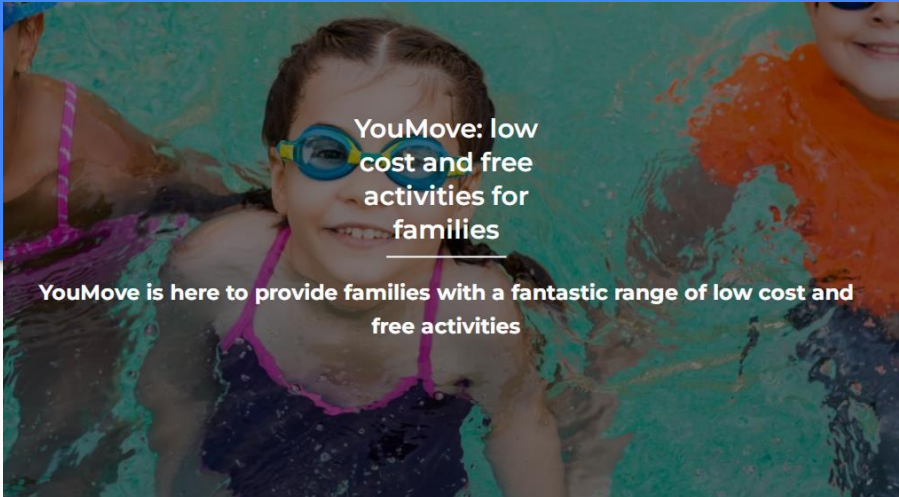
Visit our Facebook for more information

Monday, Tuesday and Fridays

Join our waitlist now!

 jumpingjacksgymnastics22@gmail.com

**British
Gymnastics**
More than a sport



**YouMove: low
cost and free
activities for
families**

**YouMove is here to provide families with a fantastic range of low cost and
free activities**

Use link below to access more information

<https://www.getoxfordshireactive.org/>



Clubs outside Harriers in the Christmas Holidays



This Winter we have some **Holiday Activity and Food (HAF) funded** half day* places for those families **receiving Free School meals**. If you would like to express your interest in a place for your child please click the button below and let us know your requirements over the Xmas break (Dec 19th - 22nd):

** It is possible to upgrade to Full or Extended day for additional fee.*

Email Admin

Spaces are limited this holiday so book early to avoid disappointment!

admin@justcamps.co.uk

Christmas Holiday Dates: Dec 19th - 22nd

Wykham Park Academy - Banbury



<https://www.justcamps.co.uk/register>



Struggling to find a dental practice?

Community
Dental
Services

**Find a local dental practice by calling 111 or visiting
www.NHS.uk**

If after contacting several dental surgeries you still cannot find a dentist accepting NHS patients, call NHS England's Customer Contact Centre on 0300 311 2233.

NHS England commissions dental services in England and is required to meet the needs of their local population for both urgent and routine dental care.

Your local Healthwatch may be able to give you information about services in your area or raise a concern if you have one.

How to find an NHS dentist - NHS (www.nhs.uk)



NHS
Oxford Health
NHS Foundation Trust

Welcome to Marvellous Me!

The Oxfordshire Health Visiting Service
invites families to join our new, virtual
health promotion groups

Facilitated by our Community Nursery Nurses, sessions run once a week over three weeks and provide information & advice covering a wide-range of age-appropriate topics such as:

- sleep
- speech & language
- diet & eating
- toilet training,
- child development
- school readiness



Marvellous Me! Now I'm 6 months

Marvellous Me! Now I'm 18 months

**Marvellous Me! Now I'm 3-4 years
and ready for school**

For more information please email:
CNNGroups@oxfordhealth.nhs.uk



Microsoft Teams

Working together to deliver the best for our
communities, our people & the environment
| Caring | Safe | Excellent |



Outstanding care by
an outstanding team

Cost of Living tips from Brighter Futures in Banbury

More information can be found on their website

<https://www.cherwell.gov.uk/info/118/communities/873/brighter-futures-in-banbury#:~:text=Brighter%20Futures%20ins%20a%20long,within%20Banbury's%20most%20disadvantaged%20areas.>

Energy

- Remember to keep all internal doors closed
- Keep your freezer full to make it more efficient, even if it's with a loaf of bread
- Heat the person not the room, think about electric blankets, warm throws, or layers
- Make sure the space around your radiator is clear
- Descale your kettle to make it more efficient (you can use household vinegar)
- Deal with draughts. Rolled up towels make good door draught excluders. Cling film for windows
- Turn off appliances at the mains and always turn off lights in rooms when you're not in them
- Use a tower extension – having TVs / Entertainment systems plugged into a tower allows you to easily switch off all appliances at once. Save energy not leaving them on standby and if you struggle to reach sockets in the walls this makes it easier (cost about £20)
- Use a solar powered 'garden light' as a light in the hallway or other rooms which you can safely see by a lower light – you can charge these on a window sill which gets the sun (from £3)
- Use a battery charge pack – when you are out on the bus, trains, in a car, at cafes, the pub or libraries then charge it up. At home you can use these to power a speaker / radio / mobile phone (cost £10 -£20)
- Use alternatives to a traditional cooker – air fryers are quicker and slow cookers lower energy usage
- Avoid using the microwave to thaw items – plan meals and thaw frozen items on the drainer
- Make a flask of tea or coffee when you make a mug – saves a boil and also getting up for another cuppa! (flask £5)
- Only boil enough water for your hot drink
- Use microwave to cook baked potatoes and vegetables rather than gas hob or oven
- Bleed radiators and repressure boilers

Cost of Living Tips

- Refilling household essential like herbs, rice and flour at your local zero waste store
- Swapping out certain veggies in a recipe for more seasonal produce will reduce costs
- Batch cooking, make larger portions of a meal and freeze them, making it much cheaper
- Know the difference between use by and best before dates
- Avoid convenience stores. These are much more expensive to shop in
- Shop around, buying in one store often will not save you money
- Stock up where you can and use own labels rather than big brands
- Shop with neighbours or friends to make the most of multi buy options
- Make your own snacks rather than using prepackaged crisps and snack bars
- Cook together once a week to share costs of food and cooking. One rule: simple food it's together that matters
- Prepare your meals into reusable containers. It makes you less likely to buy food on the go saving you money
- Sell unwanted items to help buy things you really need
- Build courage to cancel regular payments you don't need, like streaming apps that will go up
- Make use of known reward cards
- Make regular rain checks of your spending and budget
- Use top cash back accounts when buying online
- Go for longer lasting initially more expensive items
- If on benefits, find out about social tariffs for phone and internet. They are not publicised well!

Food & Cost Savings

Recognising a Scam

- It seems too good to be true – for example, a holiday that's much cheaper than you'd expect
- Someone you don't know contacts you unexpectedly
- You suspect you're not dealing with a real company – for example, if there's no postal address
- 'Hi mum' text or What's App message – scammers impersonating family members saying they have lost their phone, it's damaged or they can't access it and therefore messaging from a friends' phone. If engaged, will go on to ask for money to be transferred to a bank account

Useful websites

- www.helpforhouseholds.campaign.gov.uk
- www.which.co.uk/topic/cost-of-living
- www.cherwell.gov.uk/info/118/communities/977/help-with-the-cost-of-living
- www.moneysavingexpert.com/family/cost-of-living-survival-kit/
- www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/reducing-your-regular-living-costs/
- www.stepchange.org/about-us.aspx
- www.ageuk.org.uk/our-impact/campaigning/it-doesnt-add-up/
- www.endchildfoodpoverty.org/full-time-meals
- <https://www.citizensadvice.org.uk/consumer/scams/get-help-with-online-scams/>