



Harriers Banbury Academy
an Aspirations Academy

Our Vision: to cultivate high quality education in a supportive environment, enabling our pupils to become happy, confident individuals, ready to take on the world

Harriers Newsletter

Friday, 2nd December 2022

Message from Miss Pamplin



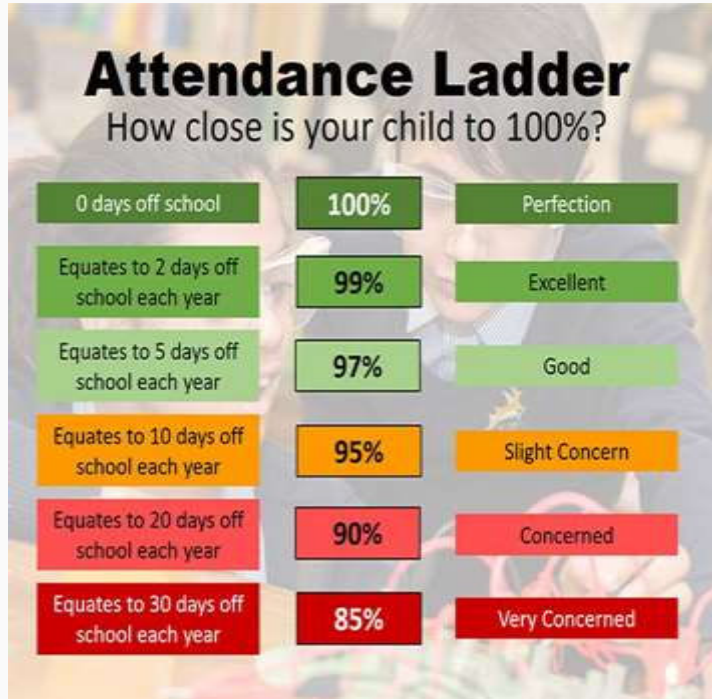
It was lovely to see so many of you attending our open classrooms last week. We realise that not all of you are able to make every event but hope that over the year, some of them are accessible to most of you. The children and staff value the opportunities to talk about what they have been doing in school. This week, as our Christmas decorations go up and our Nativity productions are about to begin, we look forward to the busy few days ahead. Schools can be a very happy time for many on the lead up to Christmas and make every effort for that to be the experience for all our children. However, we realise that this is not always the case for everyone. As a school, we have a very supportive group of staff who are always available to speak to at the beginning and end of the day. Please do not hesitate to contact us if you have any concerns or are in need of support. We have a community cupboard that is stocked with grocery items, a “New to you” uniform stock and are able to sign post you to support outside of our own school community.

Kind regards,

Steph Pamplin



Congratulations go to
Toucans (92.5%) & Parrots(96.3%) classes
for winning the attendance bears this week.



Attendance

Whole school attendance

Last week 92%

(-4% on expected level)

Whole school attendance

This week 90.7%

(-5.3% on expected level)



Punctuality
Bear



Attendance
Bear



Celebrating
success out
of school



Lower Phase Celebration Assembly 2nd December 2022



High Flyers



"Best Seats in
the House"



Attendance
Bear



Punctuality
Bear



"Best Seats in
the House"



Upper Phase Celebration Assembly 2nd December 2022



High Flyers

Upcoming Dates

- Tuesday 6th December Santa Fun Run for Katherine House Hospice
- Wednesday 7th December Y1 and Y2 Nativity to parents am and pm sessions (tickets from the office)
- Thursday 8th December Y1 and Y2 Nativity – am only (tickets from the office)
- Thursday 8th December PTFA Christmas Bazaar 3-5pm
- Monday 12th December EYU Nativity pm & Tuesday 13th December am
- Tuesday 13th December Carol Service at St Mary's Church 1.30pm
- Wednesday 14th December Christmas Dinner and Christmas Jumper Day. Nursery songs to parents pm
- Thursday 15th December Christmas party and non- uniform day
- Friday 16th December Toy Day



PTFA Christmas events

★ Christmas Bazaar

Thursday 8th Dec 3-5pm

(We would welcome any donations for the tombola sale)

★ Children Christmas present wrapping event

Friday 9th Dec in school

Bookable on Parent Pay

£2.50 per present



EYU!

We have been doing lots of painting this week; spending time learning how to mix colours and we now know that mixing colours doesn't mean we end up with a big black mess!

We even made a colour wheel!



Year 1!

In Year 1, we have been using our counting stick to practise counting in 2's. We thought carefully about how we knew if a number was odd or even. We also took it in turns to be the teacher at the front!



Year 2 Victorian Day!

As part of our topic all about the Victorians, we had a Victorian day. We spent the day as a real Victorian class would have done. We all dressed up, sat in rows, stood up when an adult entered the room, and tried learning by rote by copying from the board with our blackboards and chalk. We then went out to play Victorian games, and drew our own Hopscotch grids. We had a lot of fun experiencing life for Victorian children, but we all agreed that school is definitely a much nicer place to be now!



Year 3 - Bronze Age pots!

The children in year 3 have enjoyed making clay pots in the style of the 'beaker people' from the Bronze Age.

We thought about patterns, form and techniques, but mainly just enjoyed getting stuck in to the clay!

Despite a few challenges along the way, we managed to create some lovely Bronze Age pots and thoroughly enjoyed ourselves!



Year 4 Music!

Both Year 4 Classes have been practising their glockenspiel songs ready for the Carol Concert on the 13th of December!

They have been learning how to keep in time as a team and to memorise the musical notes!



Year 4 - Christmas preparations!

Year 4 have also been busy injecting some festive fun into their classrooms by making decorations and jazzing up the Christmas trees!



Year 5 Lanterns



Year 5 created some lanterns for Banbury lantern parade. We had to create the frame first before adding our own designs onto the sides.

The lanterns will be on display at the Christmas Bizarre on Thursday 8th December and at the lantern parade on Saturday 10th December.



Year 5 Science



Year 5 investigated which brand of nappy would be the most absorbent. They also considered if these would be the most eco-friendly options or whether we should return to Viking times where they used peat moss!

We were then treated to a brilliant online workshop with the Oxford University Chemistry Department. We looked at polymers, their properties and how we use them in our everyday life. The children were very surprised by this. We also realised that plastic polymers are not very ecologically friendly!





Year 6 IMPS

Year 6 were fortunate enough to have the IMPS team come in and deliver two distinct workshops to the whole cohort. Both Owls and Eagles had the opportunity to practice CPR, the recovery position and gain a general awareness of key first aid knowledge and practices.

Sporting events!



Football festival

Well done to the children that took part in the under 11's football tournament. Our girls came 5th and the boys came 3rd!

Cross - country finals

Also, well done to Solomon, Kaydon and Aaliyah who made it to the cross country finals at Sibford School. You represented the school brilliantly!

Football club

Our new Oxford United Football club has been all over the news. This club will be offered for free to 96 pupils during the school year and will support those who don't play football or may be less active!



NSPCC Speak Out, Stay Safe

During anti-bullying week, the children all participated in the NSPCC Speak Out, Stay Safe programme. They learnt about the importance of knowing who their trusted adults are, and also speaking to someone if they are worried about something.





Keeping our children safe online

Know the four C's to help keep your child safe!

The 4 C's of Online Safety are really useful because they are simple to understand; you don't have to know every risk and issue; they allow you to consider and investigate the potential concerns and they can be used as conversation starters with children.

CONTENT

- if a child is allowed to play this game, download this app, use an online service, what can they see? What content are they subjected to? Are there filters we can use? Are there any age restrictions?

CONTACT

- when they are using their technology, playing games, using apps, who are they talking to? Are you happy with this? Can you turn chat off? Are there any block/report features?

CONDUCT

- this describes the behaviour of the child. If allowed to use or play this game, use this app, how will they behave?

COMMERCIALISM

- the internet, all the apps, games and services are driven by commercialism. Many of these services are free, but they have to make money somehow. We're all used to ads and the fact our data is farmed in order to show us targeted and relevant ads, but commercialism also includes scams, identity

Christmas Dinner

Our Christmas lunch will take place on Wednesday 14th December.

Please book this on Parent Pay, if your child pays for dinners the cost is £2.40. The deadline for booking will be 8th December 2022.

Please book these options on Parent Pay for the Christmas Dinner

- Roast Chicken > Roast Turkey
- Veggie Sausages > Quorn Fillet



The menu card is designed to look like a Christmas dinner menu. It has a red background with a white border. At the top left is a white silhouette of a Santa hat. The word "CHRISTMAS" is written in large, white, serif capital letters at the top right. The menu items are listed in the center in various colors (black, red, and green) and fonts. At the bottom, there is a black belt with a large yellow buckle. The logo for "edwards and ward" is at the bottom left, with the tagline "a recipe for success" below it.

CHRISTMAS

Traditional Christmas Turkey &
Festive Stuffing

or

Christmas Quorn Fillet & Festive
Stuffing (Vg)

with

Roast Potatoes
Carrot Batons & Brussel Sprouts

Christmas Coodelight leg Cream
or a Clementine

 **edwards and ward**
a recipe for success





 KATHARINE HOUSE HOSPICE

Schools Santa Run

When: Tuesday 6th December

Where: HARRIERS BANBURY ACADEMY

**£1 per child
FREE SANTA HAT**

Don't forget to sponsor us at 'Just Giving' {Search for: Harriers Banbury}

#schoolssantarun
Reg charity No 2970099

Sponsored by 

Donate here:

https://www.justgiving.com/fundraising/Harriers-Banbury-Academy2?utm_source=copyLink&utm_medium=fundraising&utm_content=Harriers-Banbury-Academy2&utm_campaign=pfp-share&utm_term=5125aeb0d09442adb87d99c505d9703a



Jumping Jacks
Gymnastics Club

For boys and girls from
4 years of age and above

Fun, exciting and progressive sessions. Run by
fully qualified, experienced, friendly coaches

Visit our Facebook for more information

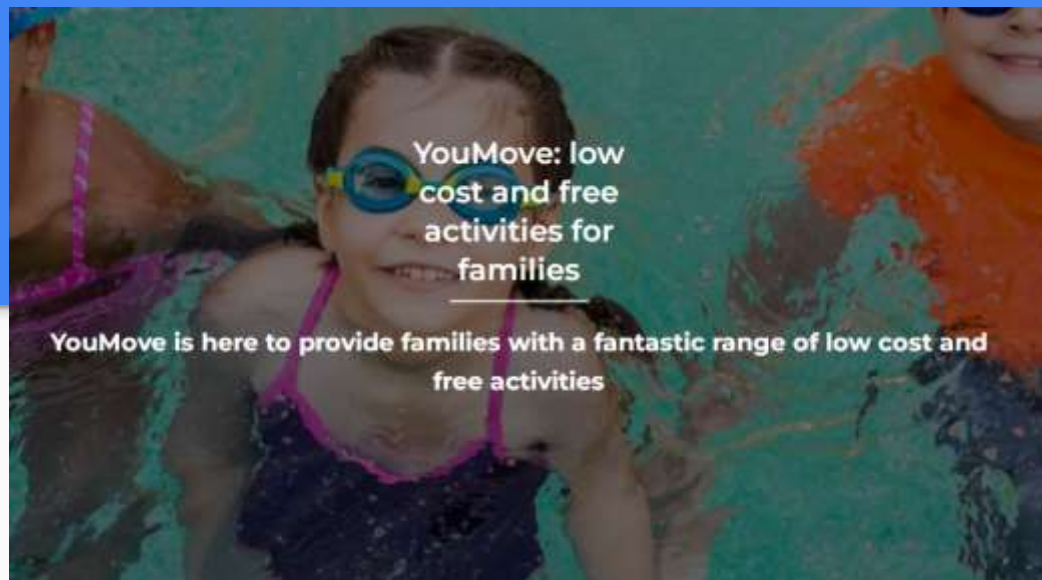
Monday, Tuesday and Fridays

Join our waitlist now!

 jumpingjacksgymnastics22@gmail.com

British
Gymnastics
More than a sport

The poster features three small photos on the left showing children performing gymnastics moves. The background is white with a black header and footer.



**YouMove: low
cost and free
activities for
families**

**YouMove is here to provide families with a fantastic range of low cost and
free activities**

The background image shows a young girl in a swimming pool wearing goggles and a pink swimsuit, smiling at the camera.

Use link below to access more information

<https://www.getoxfordshireactive.org/>



Clubs outside Harriers in the Christmas Holidays



This Winter we have some **Holiday Activity and Food (HAF)** funded half day* places for those families **receiving Free School meals**. If you would like to express your interest in a place for your child please click the button below and let us know your requirements over the Xmas break (Dec 19th - 22nd).

** It is possible to upgrade to Full or Extended day for additional fee:*

Email Admin

Spaces are limited this holiday so book early to avoid disappointment!

admin@justcamps.co.uk

Christmas Holiday Dates: Dec 19th - 22nd

Wykham Park Academy - Banbury



<https://www.justcamps.co.uk/register>



Struggling to find a dental practice?



Find a local dental practice by calling 111 or visiting www.NHS.uk

If after contacting several dental surgeries you still cannot find a dentist accepting NHS patients, call NHS England's Customer Contact Centre on 0300 311 2233.

NHS England commissions dental services in England and is required to meet the needs of their local population for both urgent and routine dental care.

Your local Healthwatch may be able to give you information about services in your area or raise a concern if you have one.

How to find an NHS dentist - NHS (www.nhs.uk)



Welcome to Marvellous Me!

The Oxfordshire Health Visiting Service invites families to join our new, virtual health promotion groups

Facilitated by our Community Nursery Nurses, sessions run once a week over three weeks and provide information & advice covering a wide-range of age-appropriate topics such as:

- sleep
- speech & language
- diet & eating
- toilet training,
- child development
- school readiness



Marvellous Me! Now I'm 6 months

Marvellous Me! Now I'm 18 months

Marvellous Me! Now I'm 3-4 years and ready for school

For more information please email:
CNNGroups@oxfordhealth.nhs.uk



Microsoft Teams



Cost of Living tips from Brighter Futures in Banbury

More information can be found on their website

<https://www.cherwell.gov.uk/info/118/communities/873/brighter-futures-in-banbury#:~:text=Brighter%20Futures%20is%20a%20long,within%20Banbury's%20most%20disadvantaged%20areas.>

Energy

- Remember to keep all internal doors closed
- Keep your freezer full to make it more efficient, even if it's with a loaf of bread
- Heat the person not the room, think about electric blankets, warm throws, or layers
- Make sure the space around your radiator is clear
- Descale your kettle to make it more efficient (you can use household vinegar)
- Deal with draughts. Rolled up towels make good door draught excluders. Cling film for windows
- Turn off appliances at the mains and always turn off lights in rooms when you're not in them
- Use a tower extension – having TVs / Entertainment systems plugged into a tower allows you to easily switch off all appliances at once. Save energy not leaving them on standby and if you struggle to reach sockets in the walls this makes it easier (cost about £20)
- Use a solar powered 'garden light' as a light in the hallway or other rooms which you can safely see by a lower light – you can charge these on a window sill which gets the sun (from £3)
- Use a battery charge pack – when you are out on the bus, trains, in a car, at cafes, the pub or libraries then charge it up. At home you can use these to power a speaker / radio / mobile phone (cost £10 -£20)
- Use alternatives to a traditional cooker – air fryers are quicker and slow cookers lower energy usage
- Avoid using the microwave to thaw items – plan meals and thaw frozen items on the drainer
- Make a flask of tea or coffee when you make a mug – saves a boil and also getting up for another cuppa! (flask £5)
- Only boil enough water for your hot drink
- Use microwave to cook baked potatoes and vegetables rather than gas hob or oven
- Bleed radiators and repressure boilers

Useful websites

- www.helpforhouseholds.campaign.gov.uk
- www.which.co.uk/topic/cost-of-living
- www.cherwell.gov.uk/info/118/communities/977/help-with-the-cost-of-living
- www.moneysavingexpert.com/family/cost-of-living-survival-kit/
- www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/reducing-your-regular-living-costs/
- www.stepchange.org/about-us.aspx
- www.ageuk.org.uk/our-impact/campaigning/it-doesnt-add-up/
- www.endchildfoodpoverty.org/full-time-meals
- <https://www.citizensadvice.org.uk/consumer/scams/get-help-with-online-scams/>

Cost of Living Tips

- Refilling household essential like herbs, rice and flour at your local zero waste store
- Swapping out certain veggies in a recipe for more seasonal produce will reduce costs
- Batch cooking, make larger portions of a meal and freeze them, making it much cheaper
- Know the difference between use by and best before dates
- Avoid convenience stores. These are much more expensive to shop in
- Shop around, buying in one store often will not save you money
- Stock up where you can and use own labels rather than big brands
- Shop with neighbours or friends to make the most of multi buy options
- Make your own snacks rather than using prepackaged crisps and snack bars
- Cook together once a week to share costs of food and cooking. One rule: simple food it's together that matters
- Prepare your meals into reusable containers. It makes you less likely to buy food on the go saving you money
- Sell unwanted items to help buy things you really need
- Build courage to cancel regular payments you don't need, like streaming apps that will go up
- Make use of known reward cards
- Make regular rain checks of your spending and budget
- Use top cash back accounts when buying online
- Go for longer lasting initially more expensive items
- If on benefits, find out about social tariffs for phone and internet. They are not publicised well!

Recognising a Scam

- It seems too good to be true – for example, a holiday that's much cheaper than you'd expect
- Someone you don't know contacts you unexpectedly
- You suspect you're not dealing with a real company – for example, if there's no postal address
- 'Hi mum' text or What's App message – scammers impersonating family members saying they have lost their phone, it's damaged or they can't access it and therefore messaging from a friend's phone. If engaged, will go on to ask for money to be transferred to a bank account