



Harriers Banbury Academy
an Aspirations Academy

Our Vision: to cultivate high quality education in a supportive environment, enabling our pupils to become happy, confident individuals, ready to take on the world

Harriers Newsletter

Friday, 13th January 2023

Message from Miss Pamplin



Welcome back to Term 3. I hope you have all had a peaceful break with your families and we all wish you a happy, healthy 2023.

As you are aware, regular attendance is very important for your child to progress. As a school, we aim to keep our attendance at over **96%**. We are of course aware that there are occasions when children do fall ill and need to be absent from school. We are required to monitor and keep records of attendance, absence and lateness. **When children are away from school, please inform us, by phone or email, by 8.45am on the first and subsequent days of absence, stating the reason for absence.** This helps Mrs Simcoe, in our office, to do her job in an effective and timely manner, ensuring all our children are safe. We are required to know the whereabouts of all our pupils, on a daily basis, to fulfil our safeguarding obligation as a school. **This is a reminder that if your child is absent from school then it is your responsibility to inform the school office.**

As the evening are darker at the moment and in order to keep our pupils safe, no Y5 or Y6 children will be allowed to walk home this term alone **after clubs/boosters** until after the February half term.

Currently, we are reviewing our provision for the teaching of reading. Research shows parents/ carers who engage their children with books prepare them to become committed and enthusiastic readers; they transform their attitude to reading and support them in becoming confident independent readers. Becoming a good reader is the only chance to success in school and transforms children's life chances. We would therefore, encourage all of you to take time to read daily **with** your children and to read daily **to** your children, discussing the books and exploring the vocabulary.

Kind regards, Steph Pamplin

ENGAGEMENT



FUN & EXCITEMENT

WE ENJOY LEARNING

CURIOSITY & CREATIVITY

WE SHARE IDEAS

SPIRIT OF ADVENTURE

WE TAKE RISKS

This term's Condition is "Curiosity and Creativity" and nestles under the Guiding Principle of "Engagement."

Research shows that when pupils are engaged with their learning, they are 5 times more likely to be academically motivated to learn.

Science, is our subject focus this term and "Curiosity" will have our pupils being inquisitive and asking "Why?" and Creativity asking "Why not?"

Aspirations

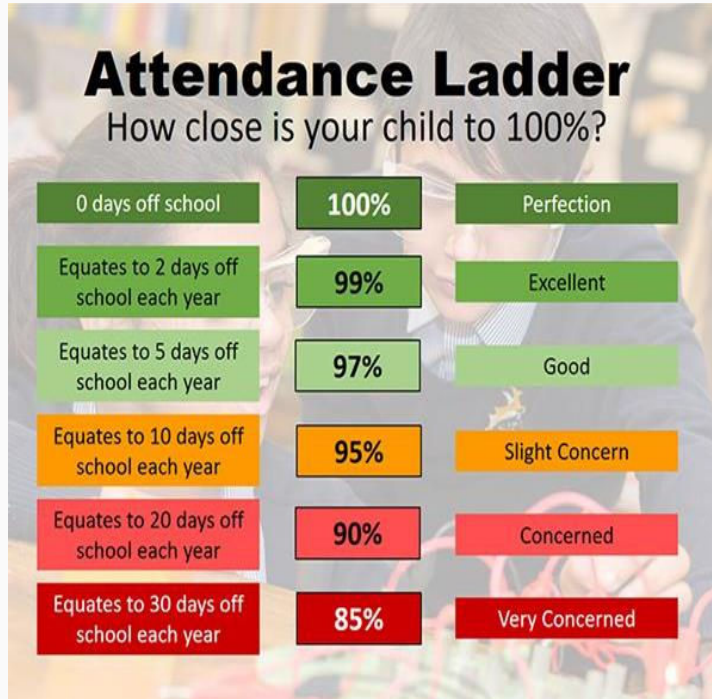
Term 3's Condition is

"Curiosity and Creativity"





Congratulations go to
Swifts (98.2% & Owls (98.7%) classes
for winning the attendance bears this week.



Attendance

Whole school attendance
This week 93.9%

(2.1% on expected level)



Punctuality
Bear



Attendance
Bear

Lower Phase Celebration Assembly 13th January 2023



"Best Seats in
the House"



High Flyers



Attendance
Bear



Punctuality
Bear



"Best Seats in
the House"



Upper Phase Celebration Assembly 13th January 2023



High Flyers



Upcoming Dates

**“New to You”
Uniform Sale
Friday,
20th January
from 3pm
In the Old Nursery**

- 16.1.23 Y1 Atomic Tom Workshop
- 16.1.23 Y2 Sealife Centre
- 18.1.23 Y5 Planetarium
- 19.1.23 Early Years Story telling parent sessions (9-9.30am and 2.30-3pm)
- 20.1.23 “New to You” Uniform Sale from 3pm in The Old Nursery
- 25.1.23 Early Years trip to Morrisons



Meet Maeve, our new school dog in training!

Maeve is an Irish Terrier and was born on the 23rd May 2022. She is currently doing her Kennel Club good citizen bronze award. She is learning how to walk nicely on her lead, sit and stay and her recall.

Maeve visited the children last term to introduce herself. You may see her in the playground occasionally as she becomes familiar with school life!





Fun, engaging and wonderfully unique, our classes will help to develop your child's confidence and creativity. We will explore different dance styles and themes including Hip Hop, Jazz, Disco, Samba and more!

We will focus on the 4 major Musical Theatre elements. Song, Spoken Dialogue, Acting and dance whilst exploring a collection of our favourite Westend Musicals including the brilliant Matilda!

Sulgrave Village Hall
Saturdays 5-7yrs 9:15-10:15
8-11yrs 10:15-11:30
£7.50 per class paid in a monthly block.
Book for February at www.bookwhen.com/thelittleperformersclub



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Our classes are easy going with a relaxed approach and are so much fun, for those with or without performing experience!

Children are expected to wear jazz shoes and leggings or joggers to class. Uniform T-shirts will be available. In due course.

Classes will be with either one of our co-owners Jemma Hibberd or Sophie Gant-Feek. Both Musical Theatre trained performers, Jemma has been singing professionally and teaching for over 15 years and Sophie who has worked professionally in the industry since graduating from Mountview Drama School. Sophie is now currently performing in Les Miserables on London's Westend.

Showcases and performances will be scheduled throughout the year for you to be able attend, to see what your children have been learning and how much fun they have been having with us!

Please feel free to contact us via either of our social media accounts or by emailing jemmahibberd@gmail.com. You can find more info and can book via www.bookwhen.com/thelittleperformersclub

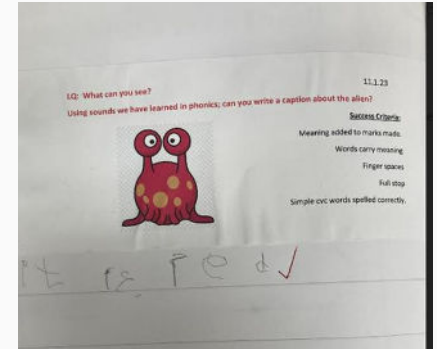
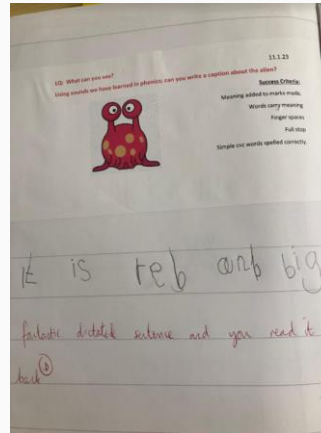
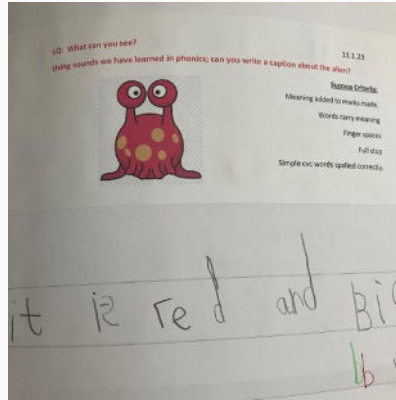
We can't wait to welcome you and your star performers to our awesome club!

Jemma & Sophie x

EYU!

We have been describing aliens this week using sounds that we have learned in our phonics lessons.

We have also been making lots of alien paintings and crafts!



Year 1!

This week in Year 1 we enjoyed doing some Science experiments to introduce our new topic 'Wild Weather!'

We investigated rainbows, clouds, rain and tornadoes.

We are looking forward to finding out more this term.



Year 2

We have been thinking a lot about what pupil voice is compared to pupil noise.

Year 2 acted out different scenarios of when they are using voice compared to just making noise.

The children then performed these to the class and were all fantastic, confident actors.



Year 3

In Year 3 we have been learning about fossils and rocks!

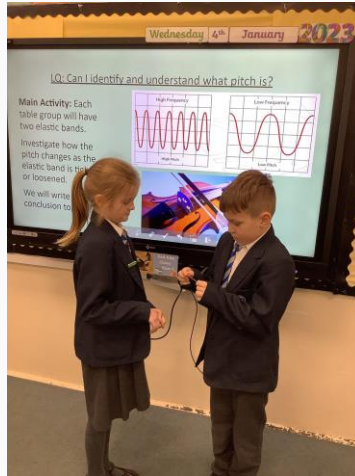
We have been investigating different types of rocks (with help from a familiar face) and investigating fascinating fossils.

We also had help from our budding paleontologist Max, who brought in lots of fossils that he has been collecting!



Year 4 - Investigating Sound!

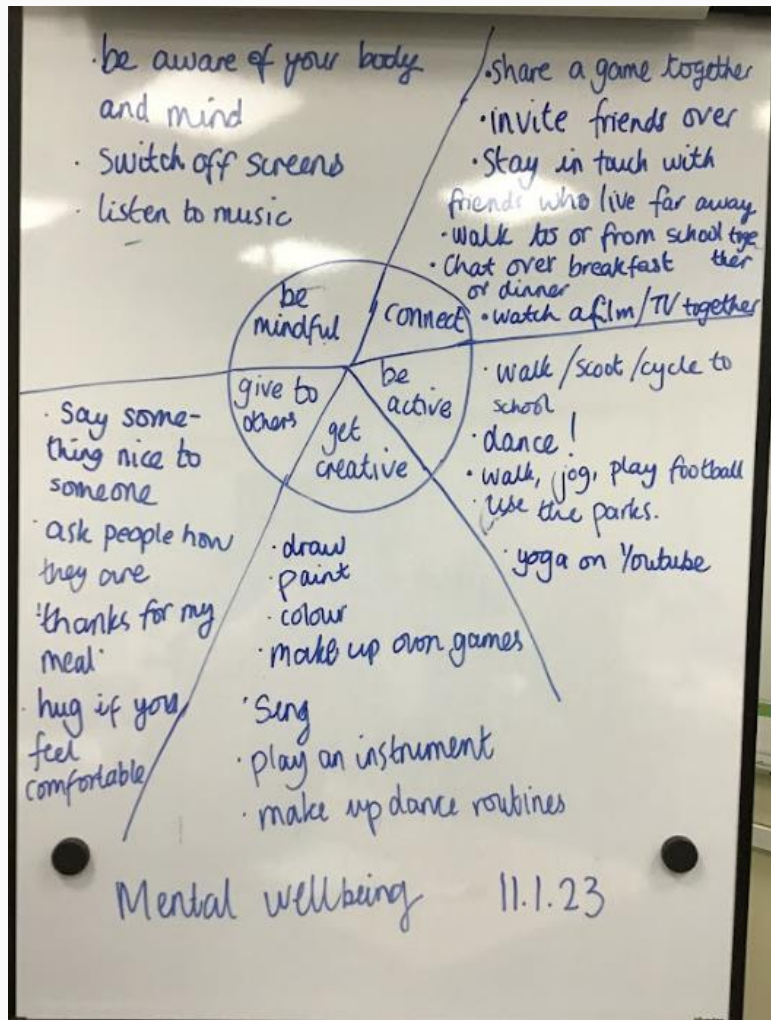
In Science, the Year 4s have been learning all about sound! Using elastic bands, the children investigated how loosening or tightening the band would change the pitch! A looser elastic band was low pitched, while a tighter band was high pitched!



Year 5

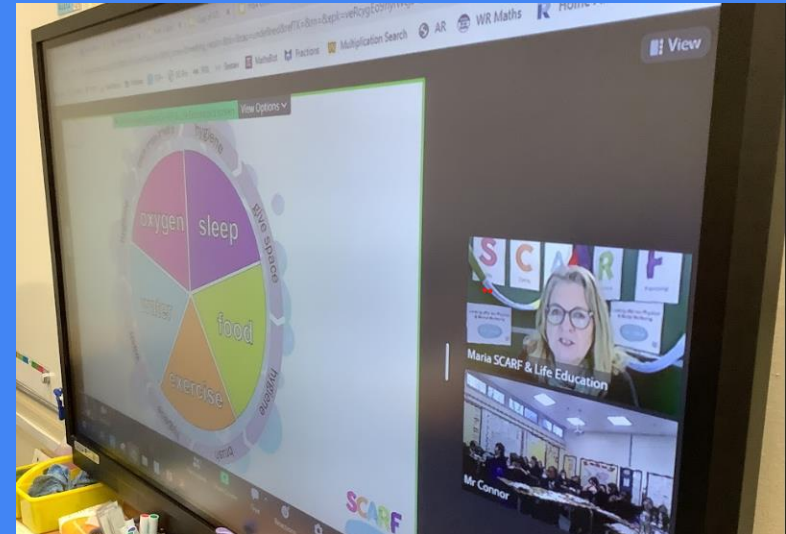


It is Pelicans Class's turn to go swimming this term. Well done to the children for their amazing swimming achievements so far!



Year 6

This week in Year 6, we had an online SCARF workshop focussing on the importance of our mental and physical wellbeing. It made the children consider what we actually do to maintain a healthy wellbeing.





Keeping our children safe

We are always looking for ways to support our children and families both in and out of school. The Anna Freud Centre website offers lots of advice, resources and support that might be useful.

<https://www.annafreud.org/parents-and-carers/>

If you have any questions or concerns please feel free to speak to your child's teacher or contact Mrs East.

Anna Freud
National Centre for
Children and Families

Coronavirus support Contact us News Support us **Donate** Search Site

About us Clinical support and services Schools and colleges UCL Programmes Professionals Training and events Research and policy **Parents and carers**

Parents and carers

Advice and guidance for parents and carers to help them support a child or young person experiencing poor mental health or wellbeing

About Coronavirus support Resources Get Involved Our Help for Children and Families

Sporting events!

This week we had trials for the football teams!

Well done to all the children that participated, we have such a high level of talent in school.

Congratulations to everyone who made it onto the team! !



YouMove is brand new for Oxfordshire and is here to provide free or low cost activities for families across the county. If your child or children are in receipt of benefits related free school meals, then we have a fantastic range of activities to enjoy together, including during weekends and school holidays. In addition, YouMove is here for children in need of support; this includes refugee children, young carers and children in or on the edge of care.

https://platform.youmove.org.uk/public/application_forms

Please see Miss Wayte if you need any more information/support.

Activities in your community

These are some of the fantastic Cherwell community offers available so far with your YouMove membership card:

- FREE family sessions after school 3.30 - 4.30 In Term 5 and 6 Dashwood, William Morris, St Leonards, Kings Meadow and North Kidlington
- Clip N Climb <https://bicester.clipnclimb.co.uk/> Wednesday & Thursday £3.95 (normally £13.95)
- Banbury Boxing Club Family Session for £1
- Banbury United FREE entry to games
- Cherwell Canoe Club £2 a session
- Kidz Zoo Soft Play Centre are offering You Move card holders a 25% off Entry cost for over 1 yrs to 10 yrs any day of the week and after 12noon on a Sunday.



Keeping our children safe online

Being Kind Online

If your child is online (for example playing games, using social media etc), then it's important that we talk to our child about being kind online, for example only posting positive comments, don't say anything they wouldn't say in real life and treat others as they would expect to be treated.



Your child also needs to be aware that what they see online isn't always the full picture. People only share what they want you to see and images are often filtered. It is also important that your child knows how to block and report any inappropriate behaviour when they see it. The BBC has created a great resource for children [here](#).

Using content controls

There are many ways you can help protect your children when using devices at home. Most broadband providers include parental controls for free as part of their broadband package, which means that any device that connects to your Wi-Fi will be protected by any controls you set up. Numerous broadband providers have means of helping set controls on content and screen time. Find out how - [Sky](#), [BT](#), [Talk Talk](#), [Vodafone](#), [Guides for other providers](#).

Remember, children may have devices that use mobile data, so they won't always be connected to your internet so ensure you set up parental controls on these devices too. [Further information](#)

Jumping Jacks Gymnastics Club



Join our
waitlist now!



Based at North
Oxfordshire
Academy
Banbury



British
Gymnastics
More than a sport

For boys and girls
4 years of age and
above

Fun, exciting and
progressive
sessions.
Run by fully
qualified,
experienced,
friendly coaches

Monday
5.15pm - 6.00pm 4/5 & 6 year olds
6.00pm - 6.45pm 7 years plus
Tuesday
5.15pm - 6.00pm 4/5 & 6 year olds
6.00pm - 6.45pm 7 years plus
6.45pm - 7.45pm - Advanced
Friday
5.15pm - 6.00pm 4 and 5 year olds *
6.00pm - 6.45pm 6 years plus

*classes are for children at full time school with the
exception of our Friday which is for 4 and 5 year olds.

jumpingjacksgymnastics22@gmail.com

HALF TERM CRICKET

JOIN US DURING
FEBRUARY HALF TERM
AT...

14TH FEBRUARY – ST HELEN & ST
KATHARINE
15TH FEBRUARY – THE OXFORD
ACADEMY
16TH FEBRUARY – WOOD GREEN

5-7 YEAR OLDS
10AM – 12PM
SIGN UP

8-11 YEAR OLDS
1PM – 3PM
SIGN UP

£12 PER SESSION





Struggling to find a dental practice?

Community
Dental
Services

**Find a local dental practice by calling 111 or visiting
www.NHS.uk**

If after contacting several dental surgeries you still cannot find a dentist accepting NHS patients, call NHS England's Customer Contact Centre on 0300 311 2233.

NHS England commissions dental services in England and is required to meet the needs of their local population for both urgent and routine dental care.

Your local Healthwatch may be able to give you information about services in your area or raise a concern if you have one.

How to find an NHS dentist - NHS (www.nhs.uk)



NHS
Oxford Health
NHS Foundation Trust

Welcome to Marvellous Me!

The Oxfordshire Health Visiting Service
invites families to join our new, virtual
health promotion groups

Facilitated by our Community Nursery Nurses, sessions run once a week over three weeks and provide information & advice covering a wide-range of age-appropriate topics such as:

- sleep
- speech & language
- diet & eating
- toilet training,
- child development
- school readiness



Marvellous Me! Now I'm 6 months

Marvellous Me! Now I'm 18 months

**Marvellous Me! Now I'm 3-4 years
and ready for school**

For more information please email:
CNNGroups@oxfordhealth.nhs.uk



Microsoft Teams

Working together to deliver the best for our
communities, our people & the environment
| Caring | Safe | Excellent |



Outstanding care by
an outstanding team

Cost of Living tips from Brighter Futures in Banbury

More information can be found on their website

<https://www.cherwell.gov.uk/info/118/communities/873/brighter-futures-in-banbury#:~:text=Brighter%20Futures%20is%20a%20long,within%20Banbury's%20most%20disadvantaged%20areas.>

Energy

- Remember to keep all internal doors closed
- Keep your freezer full to make it more efficient, even if it's with a loaf of bread
- Heat the person not the room, think about electric blankets, warm throws, or layers
- Make sure the space around your radiator is clear
- Descale your kettle to make it more efficient (you can use household vinegar)
- Deal with draughts. Rolled up towels make good door draught excluders. Cling film for windows
- Turn off appliances at the mains and always turn off lights in rooms when you're not in them
- Use a tower extension – having TVs / Entertainment systems plugged into a tower allows you to easily switch off all appliances at once. Save energy not leaving them on standby and if you struggle to reach sockets in the walls this makes it easier (cost about £20)
- Use a solar powered 'garden light' as a light in the hallway or other rooms which you can safely see by a lower light – you can charge these on a window sill which gets the sun (from £3)
- Use a battery charge pack – when you are out on the bus, trains, in a car, at cafes, the pub or libraries then charge it up. At home you can use these to power a speaker / radio / mobile phone (cost £10 -£20)
- Use alternatives to a traditional cooker – air fryers are quicker and slow cookers lower energy usage
- Avoid using the microwave to thaw items – plan meals and thaw frozen items on the drainer
- Make a flask of tea or coffee when you make a mug – saves a boil and also getting up for another cuppa! (flask £5)
- Only boil enough water for your hot drink
- Use microwave to cook baked potatoes and vegetables rather than gas hob or oven
- Bleed radiators and repressure boilers

Useful websites

- www.helpforhouseholds.campaign.gov.uk
- www.which.co.uk/topic/cost-of-living
- www.cherwell.gov.uk/info/118/communities/977/help-with-the-cost-of-living
- www.moneysavingexpert.com/family/cost-of-living-survival-kit/
- www.citizensadvice.org.uk/debt-and-money/help-with-debt/dealing-with-your-debts/reducing-your-regular-living-costs/
- www.stepchange.org/about-us.aspx
- www.ageuk.org.uk/our-impact/campaigning/it-doesnt-add-up/
- www.endchildfoodpoverty.org/full-time-meals
- <https://www.citizensadvice.org.uk/consumer/scams/get-help-with-online-scams/>

Cost of Living Tips

- Refilling household essential like herbs, rice and flour at your local zero waste store
- Swapping out certain veggies in a recipe for more seasonal produce will reduce costs
- Batch cooking, make larger portions of a meal and freeze them, making it much cheaper
- Know the difference between use by and best before dates
- Avoid convenience stores. These are much more expensive to shop in
- Shop around, buying in one store often will not save you money
- Stock up where you can and use own labels rather than big brands
- Shop with neighbours or friends to make the most of multi buy options
- Make your own snacks rather than using prepackaged crisps and snack bars
- Cook together once a week to share costs of food and cooking. One rule: simple food it's together that matters
- Prepare your meals into reusable containers. It makes you less likely to buy food on the go saving you money
- Sell unwanted items to help buy things you really need
- Build courage to cancel regular payments you don't need, like streaming apps that will go up
- Make use of known reward cards
- Make regular rain checks of your spending and budget
- Use top cash back accounts when buying online
- Go for longer lasting initially more expensive items
- If on benefits, find out about social tariffs for phone and internet. They are not publicised well!

Recognising a Scam

- It seems too good to be true – for example, a holiday that's much cheaper than you'd expect
- Someone you don't know contacts you unexpectedly
- You suspect you're not dealing with a real company – for example, if there's no postal address
- 'Hi mum' text or What's App message – scammers impersonating family members saying they have lost their phone, it's damaged or they can't access it and therefore messaging from a friend's phone. If engaged, will go on to ask for money to be transferred to a bank account