



**Harriers Banbury Academy**  
an Aspirations Academy

***Our Vision: to cultivate high quality education in a supportive environment, enabling our pupils to become happy, confident individuals, ready to take on the world***

# Harriers Newsletter

Friday, 28th April 2023

# Message from Mrs Coley



Welcome back to Term 5. Hopefully, you will have noticed a couple of new additions to the playground. Thanks to all your support and the wonderful group of parents and friends of the school, who help organise and run the many events over the year, the fundraising has enabled us to purchase a multipurpose “Shed” along with new playtime and lunchtime equipment. The “Shed” has benches inside which double up as an area for children to draw, read, socialise and trade cards. This week, the children have been able to play with the new balls, hoops, skipping ropes, wheelie boards and rockers. Miss Wayte has also been successful in securing some government funding, which has allowed us to purchase an all weather, outside gym. The first 4 pieces of equipment have been installed and the children have been busy using it this week. The final 2 pieces should hopefully arrive in the next few weeks and be placed in the support frames already in place.

In a bid to encourage our children to stay healthy,, our outside gym and trim trail may now be accessed before and after school, with parental/carer supervision. It is your responsibility to ensure your child plays safely. However, those children who travel to school on their own will have to wait to use the equipment during school time, as the playground is not staffed until 8.45am each day.



Thanks goes to the 62 children who entered the competition in the Easter trail in Banbury. Our bunny, Fleur, occupied the window in White Stuff. One of those lucky entries was Bella in Nursery, who has won 2nd prize; the £50 Entertainer voucher. Fleur is safely back at Harriers now, brightening up our corridors. Thanks go to Mrs Lyons and the large team of children who helped decorate her before the holidays.

On a personal note, I would like to thank you for all your kind wishes, following my marriage in the Easter holidays. Mr Coley and I enjoyed reading all the lovely messages the children wrote in the cards they made for us in their classes. Currently, they are much better at remembering my new surname than I am!

Kind regards,

Steph Coley



# Attendance Ladder

How close is your child to 100%?

0 days off school	100%	Perfection
Equates to 2 days off school each year	99%	Excellent
Equates to 5 days off school each year	97%	Good
Equates to 10 days off school each year	95%	Slight Concern
Equates to 20 days off school each year	90%	Concerned
Equates to 30 days off school each year	85%	Very Concerned

## Attendance

Whole school attendance  
Last week 92%

( -4% on expected level)

Whole school attendance  
This week 92.2%

( -3.8% on expected level)



# Lower Phase Celebration Assembly 21st April 2023



High Flyers



Celebrating  
success out  
of school





# Upper Phase Celebration Assembly 21st April 2023



Punctuality  
Bear



Success  
outside  
school



High Flyers





Attendance Bear

Punctuality

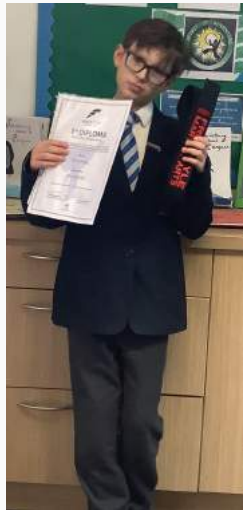


Celebrating success outside of school

# Lower Phase Celebration Assembly 28th April 2023



# Upper Phase Celebration Assembly 28th April 2023

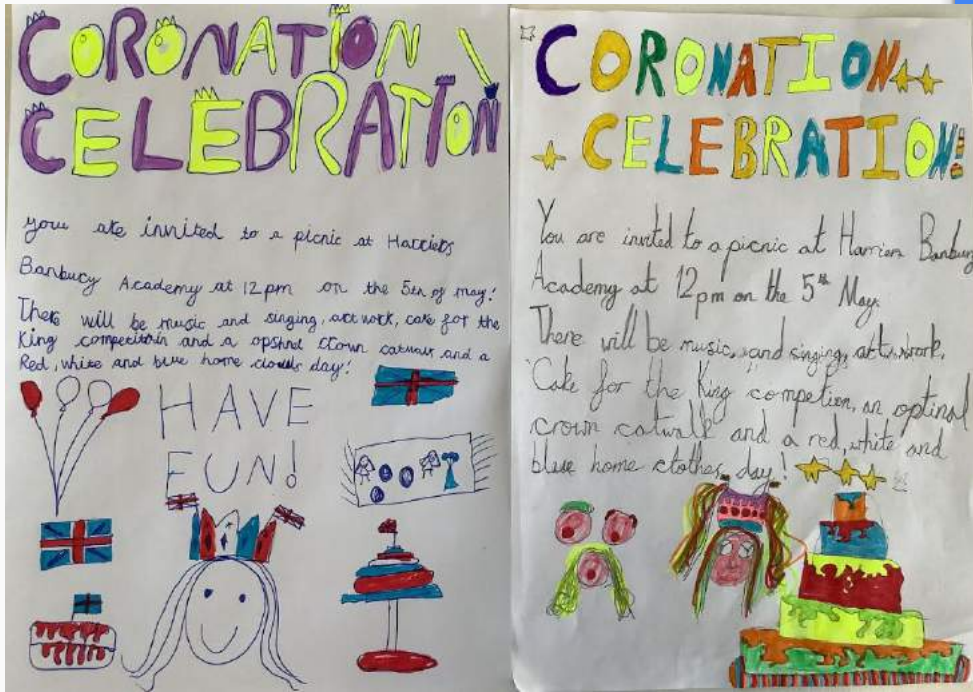




# Upcoming Dates

- 4th May Parrot class assembly at 2.30pm
- 5th May Coronation celebration from 12pm - all welcome.
- 8th May Bank Holiday - school closed
- 9th-12th May Year 6 SATs week
- 12th May "New to You" uniform sale in the old nursery.
- 20th May Early Years Spring Cleaning
- 17th May Year 6 to London to see Matilda
- 19th May Year 2 sleepover
- 22nd May Enterprise week
- 26th May Last day of term 5

- concert
- family picnic
- cake for The King competition
- refreshments



# Nursery

Another busy few weeks in Duckling class. We have been really enjoying the warmer weather and spending longer in Forest School!

We have also been baking. The children love to measure, mix, bake and then eat their hard work!





# EYU!

We have had great fun in PE this week learning how to control the balls with our feet and to move around balancing objects!



# Year 1

Last week we had a visit from the fire brigade. They talked about all the equipment they have in the fire engine and the different jobs that they get called to. We all had a go spraying the hose!





# Year 2

Year 2 have been learning how to mix paints to make a new colour. We then used our skills to create our own versions of Van Gogh's sunflowers. We challenged the children to make their own colours by blending.



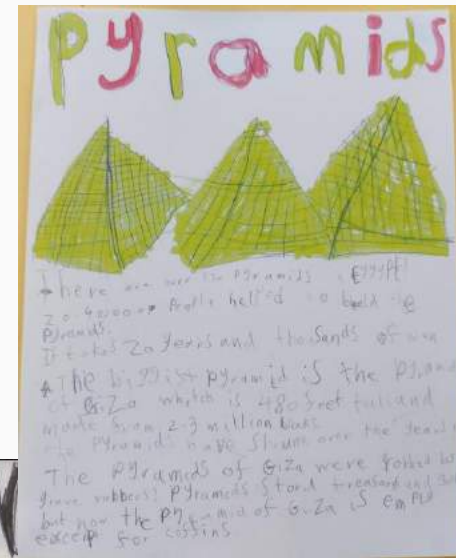
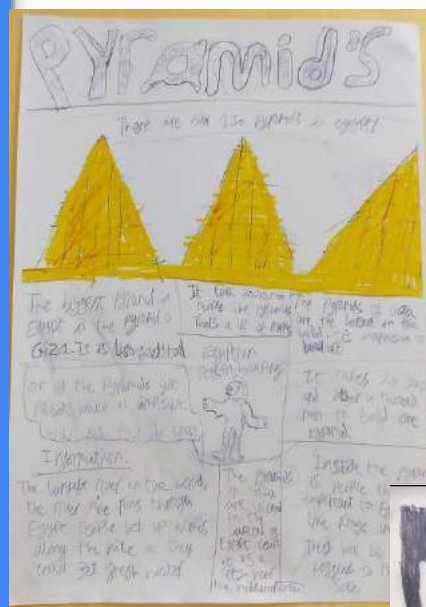
# Year 3

This week, year 3 have really enjoyed getting stuck in to our Egyptian topic.

We have been learning about the pyramids, mummification (particularly keen on learning about this, it seems) and childhood in the Ancient Egyptian times.

Did you know girls got married at 12 years old and that the average life expectancy was 30 years old?

We are also learning how to write our names in hieroglyphics!





# Year 4 - Water Cycle

Year 4 have been learning all about the states of matter and the Water Cycle!

The children worked together to investigate the role of evaporation in the Water Cycle! We have measured the amount of water in each bag to see if any water evaporates over the next few weeks.



# Year 4 - Cadbury World

The Red Kites and the Parrots had an awesome time at Cadbury World!

They learned all about how chocolate is made and the history of Cadburys!

Also, the Year 4s had the opportunity to try some chocolate which was so delicious!





# Year 5

Year 5 pupils have been historians and actors this week.

A visit to Banbury Museum was out of the ordinary as the children role played the battle between the Royalists and the Roundheads at and around Broughton Castle, Banbury and Edgehill. It really was an exciting event and experience!

The children were then able to try on a replica civil war helmet and find out more about the civil war in our locality.

Thank you to Liz and Vicki at Banbury Museum for the fantastic workshop and sharing their amazing local knowledge with us.

Many thanks too, to the parent helpers who supported our visits.



# English Civil War Reenactment

Thank you to Katy Buckley and Georgia for visiting Year 5 on Friday to talk about being English Civil War reenactors. We learnt so much and thoroughly enjoyed dressing up in the uniforms, looking at the artefacts and asking about their experiences.



## Year 6

Year 6 have been focusing on staying fit and exploring how exercise can affect the cardiovascular system whilst also learning about the body.

We measured our fitness levels across a variety of different skills such as power, endurance, speed, coordination and balance! We've also learnt about the circulatory system and the function of the heart and it's inner workings!







Time  
6.30pm

Venue  
Online

Knowledge of physics?  
No, knowledge of physics not required

## Aged between 9 and 12? Find out what it is like to be a galaxy researcher!

Join us for two online webinars where you can meet and talk to real astrophysicists and get stuck into some real research. We will be joined by **Professor Chris Lintott**, researcher, author, TV presenter and founder of **Zooniverse**.

The two webinars will take place:

6.30-7.30pm, 18 May 2023

6.30-7.30pm, 25 May 2023

### Who is this for?

These webinars are open to all young people between the ages of 9 and 12\* and are particularly suitable for young people who are curious about all things space, galaxy and science-related.

### Why take part?

- Learn more about galaxies
- Contribute to real research
- Chat to researchers about their work and your galaxy investigations

### Background

The event is hosted by **Zooniverse in Schools**, an exciting project that gets pupils involved in real research and has reached almost 1500 pupils in schools across the UK. We want to give even more young people the chance to get involved and so we are moving online.

# An exciting free science webinar for children in Years 4-6

Follow the link:

<https://www.physics.ox.ac.uk/events/zooniverse-kids-galaxy-investigations>





# Keeping our children safe

We are always looking for ways to support our children and families both in and out of school. The Anna Freud Centre website offers lots of advice, resources and support that might be useful.

<https://www.annafreud.org/parents-and-carers/>

If you have any questions or concerns please feel free to speak to your child's teacher or contact Mrs East.

**Anna Freud**  
National Centre for  
Children and Families

**Coronavirus support** Contact us News Support us **Donate** Search Site

About us Clinical support and services Schools and colleges UCL Programmes Professionals Training and events Research and policy **Parents and carers**

## Parents and carers

Advice and guidance for parents and carers to help them support a child or young person experiencing poor mental health or wellbeing

About Coronavirus support Resources Get Involved Our Help for Children and Families

# Opera in a Day

**Oxford Opera** are offering these exciting **one day sessions**, exploring classic operas and providing the opportunity for children to create their own opera with a celebrated local composer!

Every workshop includes stagecraft, singing, music making and storytelling! The workshops are fun and designed for every musical ability. Everybody is welcome to participate!

Workshop Day Cost: **£39/ £29**

**Discounts** are available to: Siblings, bookers of 3 or more workshops and parents/ carers on universal credit.

**[oxfordopera.uk/education](http://oxfordopera.uk/education)**



IMAGINE.  
CREATE.  
PERFORM.

Book any of the individual opera workshops at our website

[oxfordopera.uk/education](http://oxfordopera.uk/education)



*The Magic  
Flute in a Day*

**13 May**

North Oxford  
Association Community  
Centre

9.00 – 17.00

£39 [discounts available]

**Ages 8 – 10**



**Carmen  
in a Day**

**25 June**

St Peter and  
St Paul Botley  
9.00 – 17.00

£39 [discounts available]

**Ages 10 – 14**



**MAKE YOUR OWN  
OPERA IN A DAY**

**22 July**

All Saints Headington  
9.00 – 17.00

£39 [discounts available]

**Ages 10 – 14**



**Hansel and  
Gretel in a day**

**12 August**

Cowley Road  
Methodist Church  
9.00 – 17.00

£39 [discounts available]

**Ages 10 – 14**



**THE PIRATES OF  
PENZANCE IN A DAY**

**20 August**

South Oxford  
Community Centre  
9.00 – 17.00

£39 [discounts available]

**Ages 15 – 18**



#IMAGINECREATEPERFORM

# Sporting events!

A fantastic 10 goals were scored at our last football match giving us a secure win!





# Activities outside Harriers

**BANBURY** MAY 11 TO MAY 15  
SPICEBALL PARK, CHERWELL DRIVE, BANBURY, OX16 2AY.

USE DISCOUNT CODE AT CHECKOUT **SCHOOL7** \*VALID ON VIP & GRANDSTAND

**CIRCUS CORTEX**



**BANBURY**

THU 11 TO MON 15  
MAY MAY

**SHOW TIMES**

WkdAYS - 5PM & 7.30PM  
SAT - 3PM & 6PM  
SUN - 1PM & 4PM

**BOOK NOW**

**WWW.CIRCUSCORTEX.COM**

**SPICEBALL PARK**  
CHERWELL DRIVE, OX16 2AY

**OPENING DAY**  
ALL SEATS **£10**

**FAST TRACK**

0203 816 0295 ONLY VALID ON VIP, GRANDSTAND & FAMILY TICKETS

**BOOK NOW** **WWW.CIRCUSCORTEX.COM**

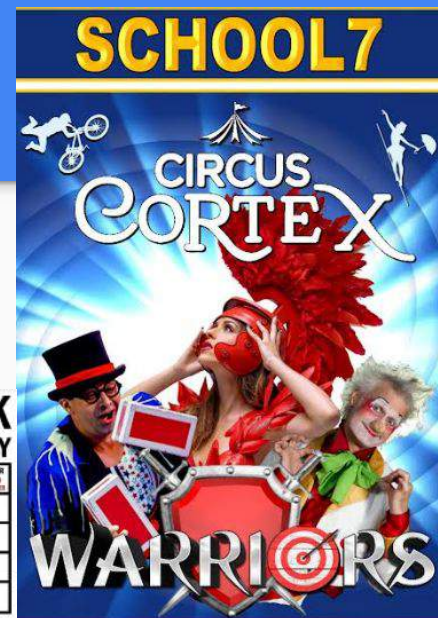
£7 OFF PRICE OFFER**	VIP SEATING	GRANDSTAND	RED SPECIAL OFFER
ADULT	£23 £16	£21 £14	£10
CHILD 2-13 CONCERNION GAP	£19 £12	£17 £10	£8
FAMILY TICKET 2 ADULTS + 2 CHILDREN	£82 £55	£82 £45	N/A
FAMILY TICKET 2 ADULTS + 3 CHILDREN	£72 £65	£82 £55	N/A

Redeem discount code at checkout

**SCHOOL7**

**SCHOOL7**

**CIRCUS CORTEX**



**WARRIORS**

**£7 OFF** PER PERSON

USE DISCOUNT CODE : **SCHOOL7**

Valid on VIP & Grandstand, Not valid on Red Tickets

**BOOK NOW 0203 816 0295**

**WWW.CIRCUSCORTEX.COM**

£7 OFF CODE ONLY VALID ON FULL PRICE TICKETS - NOT VALID WITH ANY OTHER OFFER



# Activities outside Harriers



<b>Rubies (6-8Yrs)</b> <b>Wednesday</b> <b>3:30 - 4:15</b> Harwell Fields Community School	<b>Rubies (6-8Yrs)</b> <b>Thursday</b> <b>3:45 - 4:30</b> Longford Park Community Centre
<b>Sapphires (8-12Yrs)</b> <b>Wednesday</b> <b>4:30 - 5:30</b> Harwell Fields Community School	<b>Sapphires (8-12Yrs)</b> <b>Thursday</b> <b>4:45 - 5:45</b> Longford Park Community Centre

MUSIC. MOVEMENT. DRAMA

## JEMSTONES/RHYTHMIC JEMS




**DRAMA CLASSES**  
**JEMSTONES/RHYTHMIC JEMS**  
**FOR CHILDREN AGE 2-6 YRS, 6-8 YRS, 8-12 YRS**

## BUILDING CONFIDENCE THROUGH PERFORMING ARTS



**CLASSES**  
 Rubies 6-8 yrs  
 Sapphires 8-12 yrs

**WHAT WE DO:**

- Build confidence
- Concentration
- Encourage teamwork
- Cooperation
- Develop coordination
- Imagination
- Teach respect
- Self-discipline



Jemstones is all about boosting confidence through play. Sessions encourage teamwork, develop coordination and improve concentration. Key skills that can be used for life! We achieve these life skills through games, drama, dance and having lots of fun as a group. Specialising in drama through play, your child will learn about: Stage presence, facial expression, body language and projection. They will also learn about rhythm and mime.

**ENTHUSIASM AND COMMITMENT IS ALL YOU NEED!**

To register your interest or to find out about classes please get in touch:  
[www.facebook.com/Jemstonesperformingarts](https://www.facebook.com/Jemstonesperformingarts)  
[Jemstones2010@gmail.com](mailto:Jemstones2010@gmail.com)



*"The teaching is a joy and I have the flexibility to deliver a course that engages and empowers the children in a fun way."*

an Outspoken cycle instructor



[www.outspokentraining.co.uk](http://www.outspokentraining.co.uk)

**Could you inspire the next generation of cyclist?**

**We are searching for Cycle Instructors to join our expanding team.**

We are looking for confident communicators to deliver fun and inspirational cycle training in schools.

If you have loads of enthusiasm to share and are looking for rewarding work to deliver during school term time, we would love to hear from you.

Role: Employed—Variable Hours

Hourly Rate: £12 plus holiday pay. We have an employee benefits scheme too!

Cycle Training Programme: Bikeability

Training and Support: We provide full, free training and ongoing support including nationally recognised qualifications.

**For more information, please contact Graham:**

[jobs@outspokentraining.co.uk](mailto:jobs@outspokentraining.co.uk)

01223 473820







# Keeping our children safe online

As children spend more time online it is important that parents and carers have the tools to help them navigate this world effectively. Below are some tips to help children who become stressed or anxious about their interactions online.

## Advice for Parents & Carers

### LEARN THE BASICS



It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how – and why – content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

### PUSH DISTRACTIONS AWAY



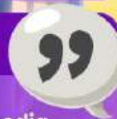
Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same: you should both feel less triggered and more in control.

### KEEP CHECKING IN



Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

### TALK IT OUT



If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

### LOOK FOR THE SIGNS



This is tricky – and may depend on the child's age – but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be parted from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device – and, possibly, that they're in need of extra support.

### BE KIND: UNWIND



Be kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, fast-moving digital environment. Getting into the habit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier for them to open up to you about any concerns.