

**PUDDING** 

MONDAY	TUESDAY WEDNESDAY THURSDA	WEDNESDAY THURSDAY		TUESDAY WEDNESDAY THURSDAY	THURSDAY	FRIDAY
Cheesy Salmon Sub Melt with Baked Wedges	Creamy Beef Lasagne	Roast Gammon & Roast Potatoes with Gravy	Mild Chicken Massaman Curry with Wholegrain & White Rice	Fish Fingers & Chips		
Cheesy Salmon Sub Melt with Baked Wedges	Halal Creamy Beef Lasagne	Halal Roast Chicken & Roast Potatoes with Gravy	Halal Mild Chicken Massaman Curry with Wholegrain & White Rice	Fish Fingers & Chips		
Italian Cheese & Tomato Pizza with Baked Wedges	Plant Based Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Vegan Sweet & Sour Butternut Squash with Wholegrain & White Rice	Vegan Vegetable Nuggets & Chips		
Pasta with Tomato &  Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil <mark>Sauce</mark>	Pasta with Cheese Sauce	Pasta with Tomato &  Basil Sauce		
Carrots & Peas	Garden Peas	Seaso <mark>nal Vegetables</mark>	Tomato, Cucumber & Carrot Salad	Baked Beans		
Cheddar Cheese, Baked Beans or Tuna Mayonnaise						
	Cheesy Salmon Sub Melt with Baked Wedges  Cheesy Salmon Sub Melt with Baked Wedges  Italian Cheese & Tomato Pizza with Baked Wedges  Pasta with Tomato & Basil Sauce	Cheesy Salmon Sub Melt with Baked Wedges  Cheesy Salmon Sub Melt with Baked Wedges  Italian Cheese & Tomato Plant Based Meatball Pasta Bake  Pasta with Tomato & Basil Sauce  Carrots & Peas  Garden Peas	Cheesy Salmon Sub Melt with Baked Wedges  Creamy Beef Lasagne  Cheesy Salmon Sub Melt with Baked Wedges  Halal Creamy Beef Lasagne  Halal Roast Chicken & Roast Potatoes with Gravy  Italian Cheese & Tomato Pizza with Baked Wedges  Plant Based Meatball Pasta Bake  Pasta with Tomato & Basil Sauce  Carrots & Peas  Garden Peas  Roast Gammon & Roast Gammon & Roast Potatoes with Gravy  Pasta Potatoes with Gravy  Pasta with Tomato & Basil Sauce  Carrots & Peas  Garden Peas  Seasonal Vegetables	Cheesy Salmon Sub Melt with Baked Wedges  Creamy Beef Lasagne  Creamy Beef Lasagne  Roast Gammon & Roast Curry with Wholegrain & White Rice  Cheesy Salmon Sub Melt with Baked Wedges  Cheesy Salmon Sub Melt with Baked Wedges  Halal Creamy Beef Lasagne  Halal Roast Chicken & Roast Potatoes with Gravy  Wholegrain & White Rice  Vegan Sausage Puff & Roast Potatoes with Gravy  Plant Based Meatball Pasta Bake  Pasta with Baked Wedges  Pasta with Tomato & Basil Sauce  Pasta with Cheese Sauce  Carrots & Peas  Garden Peas  Seasonal Vegetables  Tomato, Cucumber & Carrot Salad		

**Apple Strudel & Custard** 

Vanilla Yoghurt

**Strawberry Jelly &** 

**Mandarins** 

Apple & Cocoa Sponge

with Vanilla Sauce

**Vegan Shortbread** 

## IFG Primary

PASTA

**VEGETABLES** 

**JACKET** 

**POTATOES** 

**PUDDING** 

**Basil Sauce** 

**Carrots** 

**Vanilla Yoghurt** 

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Pork & Beef Sausage & Mash	Beef & Basil Pasta Bake	Roast Turkey & Roast Potatoes with Gravy	Mild Mexican Beef Chilli with Wholegrain & White Carrot Rice	Battered Fish & Chips
HALAL MAIN MEAL	Halal Chicken & Beef Sausage & Mash	Halal Beef & Basil Pasta Bake	Halal Roast Turkey & Roast Potatoes with Gravy	Halal Mild Mexican Beef Chilli with Wholegrain & White Carrot Rice	Battered Fish & Chips
VEGETARIAN MAIN MEAL	Vegan Plant Based Sausage & Mash	Vegan Baked Gnocchi in Tomato & Basil Sauce	Red Pepper & Spinach Spanish Omelette	Vegan Mild Plant Based Chilli with Wholegrain & White Carrot Rice	Margherita Wrap & Chips
	Pasta with Tomato &	Doote with Ohean Cours	Pasta with Tomato &	Danta with Ohanna Oassa	Pasta with Tomato &

**Basil Sauce** 

**Seasonal Vegetables** 

**Cheddar Cheese, Baked Beans or Tuna Mayonnaise** 

**Orange Jelly** 

**Pasta with Cheese Sauce** 

**Garden Peas** 

**Eves Pudding & Vanilla** 

Sauce

**Basil Sauce** 

**Baked Beans** 

**Chocolate Cookie** 

**Pasta with Cheese Sauce** 

**Sweetcorn** 

**Peach & Pineapple** 

**Crumble with Custard** 



**JACKET** 

**POTATOES** 

**PUDDING** 

**Vanilla Yoghurt** 

IFG Primary					
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

WELKS	IIONDAI	ICLOBAT	WEDNESDAI	IIIORODAI	
MAIN MEAL	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognaise with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Bhuna Curry with Wholegrain & White Carrot Rice	Fish Fingers & Chips
HALAL MAIN MEAL	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Halal Beef Bolognaise with Wholegrain & White Pasta	Halal Roast Chicken & Roast Potatoes with Gravy	Halal Mild Chicken Bhuna Curry with Wholegrain & White Carrot Rice	Fish Fingers & Chips

MEAL	Wedges	Pasta	Gravy	White Carrot Rice	
VEGETARIAN MAIN MEAL	Italian Cheese & Tomato Pizza with Baked Wedges	Bolognaise with		Mild Chickpea & Paneer Korma with Wholegrain & White Carrot Rice	Vegan Falafel Kofta & Chips with Asian Slaw

VEGETARIAN MAIN MEAL	Pizza with Baked Wedges	Bolognaise with		Korma with Wholegrain & White Carrot Rice	Vegan Falafel Kofta & Chips with Asian Slaw
PASTA	Pasta with Tomato &  Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato &  Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato &  Basil Sauce

PASTA	Pasta with Tomato &  Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato &  Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato &  Basil Sauce
			/	Tomato Cucumbor 8	

	#F 1			<u> </u>		/
VEGETABLES	Sweetcorn	Carrots & Peas	Seaso	onal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans

**Blueberry Muffin** 

**Cheddar Cheese**, Baked Beans or Tuna Mayonnaise

**Strawberry Jelly with** 

**Fruit Cocktail** 

**Homemade Apple** 

**Crumble & Custard** 

**White Chocolate Crispie** 

Cake